

**UBC CPD**



CONTINUING PROFESSIONAL DEVELOPMENT  
FACULTY OF MEDICINE



**12.0**

MOC SECTION 1

**COFAS 2017:  
Canadian Orthopedic Foot & Ankle Society  
Foot & Ankle Symposium**

FEB 2 - 4, 2017  
THU-SAT

THE FAIRMONT CHATEAU WHISTLER  
WHISTLER BC

- Orthopedic Surgeons
- Orthopedic Residents
- Sports Medicine Physicians
- Podiatrists
- Residents, Fellows & Students
- Allied Health

Join us in Whistler during prime ski season for the 2017 Canadian Orthopedic Foot and Ankle Society Foot and Ankle Symposium. This meeting is aimed at improving the quality of care for all practitioners focused on treating foot and ankle conditions. Sponsored by the University of British Columbia - Dept of Orthopaedics, BC's Foot and Ankle Clinic based at Providence Health Care, and the Canadian Orthopaedic Foot and Ankle Society .

# THU FEB 2: PRE-CONFERENCE LABS

0800	Registration opens	
0830 - 1130	<p><b>MORNING HANDS-ON LAB—you can take one of 2</b></p> <p><b>Ankle Replacement Hands-On Surgical Lab</b>  <i>MODERATOR: Dr. Kevin Wing</i>            Instructors: Alastair Younger, Murray Penner, Timothy Daniels, Mark Glazebrook, Johnny Lau, Pradeep Alexander, Mark Steeves, Gregory Berlet, Hodges Davis, David Townshend, Fabian Krause, Mark Easley</p> <p style="text-align: center;"><b>OR</b></p> <p><b>Arthroscopy Lab</b>  <i>MODERATOR: Dr. Andrea Veljkovic</i>            Instructors: Kelly Apostle, Gordon Goplen, Karl Lalonde, Timo Schmid, Gregory Berlet, John Kennedy, Fabian Krause, Marcus Coe</p>	<b>3.0 MOC Section 1 credits</b>
1300 - 1600	<p><b>AFTERNOON HANDS-ON LAB—you can take one of 2</b></p> <p><b>Open Techniques Lab</b>  <i>MODERATOR: Dr. Kelly Apostle</i>            Instructors: Murray Penner, Timothy Daniels, Gordon Goplen, Karl Lalonde, Monika Volesky, Johnny Lau, Pradeep Alexander, Timo Schmid, Hodges Davis, John Kennedy, David Townshend, Mark Easley</p> <p style="text-align: center;"><b>OR</b></p> <p><b>Arthroscopy Lab (REPEAT of morning session)</b>  <i>MODERATOR: Dr. Andrea Veljkovic</i>            Instructors: Alastair Younger, Kevin Wing, Mark Steeves, Gregory Berlet, Fabian Krause, Marcus Coe</p>	<b>3.0 MOC Section 1 credits</b>
1730	<b>Evening Reception—everyone welcome</b>	<b>3.0 MOC Section 1 credits</b>

# FRI FEB 3

0600	Breakfast; Registration & Exhibits open	
	<b>SESSION 1: OCD (Osteochondral Defects)</b>	<i>Mod: Dr. Mark Glazebrook</i>
0700	Surgical Pathology—What is the Cause and Anatomy of OCD Talus?	Dr. John Kennedy
0710	Who Does Well and Who Fails?	Dr. Gregory Berlet
0720	Alignment Matters—Osteotomies	Dr. Andrea Veljkovic
0730	OCD Talus—My Approach	Dr. Hodges Davis
0745	Question Period & Case Discussions Case Discussions	Drs. Kevin Wing, Melissa Laflamme, Mark Steeves, John Kennedy, Gregory Berlet, Andrea Veljkovic, Hodges Davis

# FRI FEB 3 CONT'D

	<b>SESSION 2: Ankle Arthritis—What's Trending in Your World?</b>	<i>Mod: Dr. Murray Penner</i>
0830	USA—What's Trending?	Dr. Mark Easley
0840	UK—What's Trending?	Dr. David Townshend
0850	Switzerland—What's Trending?	Dr. Fabian Krause
0900	Canada—What's Trending?	Dr. Timothy Daniels
0910	Question Period & Case Discussions	Drs. Gordon Goplen, Pradeep Alexander, Mark Easley, David Townshend, Fabian Krause, Timothy Daniels
1000	<b>SKI &amp; ACTIVITY BREAK</b>	
1430	Refreshment Break & Exhibits	
	<b>SESSION 3: Rheumatoid Arthritis</b>	<i>Mod: Dr. Alastair Younger</i>
1500	Total Ankle in Rheumatoid Arthritis	Dr. Murray Penner
1510	How I Manage the Forefoot in Rheumatoid Arthritis	Dr. Hodges Davis
1520	Management of the Totally Involved Foot	Dr. Mark Glazebrook
1530	Ankle Fusion in Rheumatoid Arthritis—Who Gets One?	Dr. Johnny Lau
1540	Question Period & Case Discussions	Drs. Kelly Apostle, Monika Volesky, Murray Penner, Hodges Davis, Mark Glazebrook, Johnny Lau
1630	Refreshment Break and Exhibits	
1645	Round Tables: Hallux Valgus (Drs. Alastair Younger, Karl Lalonde, Marcus Coe) Osteochondral Defects (Drs. Kevin Wing, Kelly Apostle, John Kennedy) Sports Medicine (Drs. Andrea Veljkovic, Mark Glazebrook, Monika Volesky) Ankle Arthritis (Drs. Murray Penner, Timothy Daniels, Gregory Berlet) Acute Trauma (Drs. Melissa Laflamme, Mark Steeves, Fabian Krause) Cavus Foot (Drs. Gordon Goplen, Timo Schmid, Hodges Davis) Trauma Reconstruction (Drs. Johnny Lau, David Townshend, Pradeep Alexander)	
1815	Sessions End	
1830	Conference Reception @ Merlin's (no tickets required)	
1900	Dinner with Faculty @ Bearfoot Bistro (tickets required)	

# SAT FEB 4

0600	Breakfast; Registration & Exhibits open	
	<b>SESSION 1: Acute Trauma</b>	<i>Mod: Dr. Karl Lalonde</i>
0700	Achilles Mid-Substance Ruptures and Insertional Ruptures—Trends in the USA	Dr. Mark Easley
0710	Deltoid, ATFL, PTFL, Lateral Collaterals—When to Fix in Who	Dr. Kelly Apostle
0720	Syndesmosis—Who to Fix and When with What?	Dr. Melissa Laflamme
0730	Calcaneal Fractures in Europe—What is Happening?	Dr. David Townshend
0740	Pilon Fractures in Europe—What is Happening?	Dr. Fabian Krause
0750	Question Period & Case Discussions	Drs. Mark Easley, Kelly Apostle, Melissa Laflamme, David Townshend, Timo Schmid, Fabian Krause, Mark Steeves, Gordon Goplen, Monika Volesky
	<b>SESSION 2: Trauma Reconstructions</b>	<i>Mod: Dr. Kelly Apostle</i>
0830	What to Do with a Collapsed Talus	Dr. Kevin Wing
0840	When and How to Fuse an Ankle After Trauma	Dr. Timothy Daniels
0850	What Worked and What Failed in My First Years After My Fellowship	Dr. Marcus Coe
0900	Trauma and Biology—Where Are We Going?	Dr. John Kennedy
0910	When and How to Fuse a Midfoot	Dr. Mark Glazebrook
0920	Question Period & Case Discussions	Drs. Karl Lalonde, Johnny Lau, Timo Schmid, Kevin Wing, Timothy Daniels, Marcus Coe, John Kennedy, Mark Glazebrook
1000	<b>SKI &amp; ACTIVITY BREAK</b>	

# SAT FEB 4 CONT'D

1430	Refreshment Break & Exhibits	
	<b>SESSION 3: Flat Foot</b>	<i>Mod: Dr. Gordon Goplen</i>
1500	When and How to Fuse the Midfoot in Flat Foot Reconstruction	Dr. Alastair Younger
1510	When and How to Do a Triple Arthrodesis in a Flat Foot Reconstruction	Dr. Murray Penner
1520	Cool Stuff We Use in the US for Flat Foot—Implants, Allograft, etc.	Dr. Gregory Berlet
1530	Soft Tissue Procedures I Use in Flat Foot Reconstruction	Dr. Monika Volesky
1540	How I Treat a Grade 11 Flexible Flat Foot Deformity	Dr. Hodges Davis
1550	Question Period & Case Discussions	Drs. Andrea Veljkovic, Timothy Daniels, Mark Glazebrook, Alastair Younger, Murray Penner, Gregory Berlet, Monika Volesky, Hodges Davis
1630	Refreshment Break and Exhibits	
1645	Round Tables: Infection (Drs. Alastair Younger, Johnny Lau, Gregory Berlet) Ankle Instability (Drs. Kevin Wing, Mark Glazebrook, John Kennedy) Rheumatoid Arthritis (Drs. Andrea Veljkovic, Karl Lalonde, Monika Volesky) Flat Foot (Drs. Murray Penner, Pradeep Alexander, Fabian Krause) Achilles Tendon (Drs. Kelly Apostle, Timo Schmid, Marcus Coe) Trauma Reconstruction (Drs. Timothy Daniels, Melissa Laflamme, Mark Steeves) Ankle Arthritis (Drs. Gordon Goplen, Hodges Davis, David Townshend)	
1815	Complete evaluations; conference ends	

## COURSE PLANNING COMMITTEE

**Kelly Apostle, MD, FRCSC.** Clinical Instructor, Dept of Orthopaedics, UBC

**Murray J. Penner, MD, FRCSC.** Clinical Professor, Dept of Orthopedics, UBC

**Andrea Veljkovic, MD, MPH, BComm, FRCSC.** Clinical Assistant Professor, Dept of Orthopedics, UBC

**Kevin J. Wing, MD, FRCSC.** Clinical Associate Professor, Dept of Orthopedics, UBC

**Alastair S.E. Younger, MD, MSc, ChM, FRCSC.** Professor, Dept of Orthopedics, UBC

## PRESENTING FACULTY

**Pradeep Alexander, MD, FRCSC.** Head, Div of Orthopaedic Surgery and Physician Lead, Musculoskeletal Program, William Osler Health System, Brampton, ON

**Gregory Berlet, MD.** Attending Physician, Orthopedic Foot and Ankle Center, Westerville, OH

**Marcus Coe, MD, MS.** Foot & Ankle Orthopedic Surgeon; Assistant Professor, Orthopedics, Geisel School of Medicine at Dartmouth, Concord, NH

**Timothy Daniels, MD, FRCSC.** Professor and Head, Div of Orthopedic Surgery, St. Michael's Hospital, Toronto, ON

**W. Hodges Davis, MD.** Orthopedic Surgeon, Carolinas Medical Center, Charlotte, NC

**Mark Easley, MD.** Foot & Ankle Orthopedic Surgeon, Duke Health, Durham, NC

**Mark Glazebrook, MSc, PhD, MD, FRCSC.** Professor, Div of Orthopedic Surgery, Dalhousie University, Halifax, NS

**Gordon Goplen, MD, FRCSC.** Orthopedic Surgeon, University of Alberta, Edmonton, AB

**John G. Kennedy, MD.** Orthopedic Surgeon, Hospital for Special Surgery, New York, NY

**Fabian Krause, MD.** Orthopedic Surgeon, Dept of Orthopedic Surgery, University of Berne, Bern, Switzerland

**Mélanie Laflamme, MD, MSc, FRCSC.** Clinical Professor, Dept of Surgery, University of Laval, Québec, QC

**Karl-Andre Lalonde, MD, MEd, FRCSC.** Assistant Professor, Dept of Surgery, University of Ottawa, Ottawa, ON

**Johnny T.C. Lau, MD, MSc, FRCSC.** Assistant Professor, Dept of Orthopedic Surgery, University of Toronto, Toronto, ON

**Timo Schmid, MD.** Orthopedic Surgeon, Dept of Orthopaedic Surgery, Inselspital, University of Berne, Bern, Switzerland

**Mark Steeves, MD, FRCSC.** Orthopedic Surgeon, Hôpital Montfort, Ottawa, ON

**David Townshend, MBBS, FRCS (Orth).** Consultant Trauma and Orthopedic Surgeon and Clinical Lead, Foot and Ankle Surgery, Northumbria NHS Healthcare Trust, Newcastle Upon Tyne, UK

**Monika Volesky, MD.** Assistant Professor, Div of Orthopedic Surgery, Jewish General Hospital, Montreal, PQ

Feb 2-4, 2017

The Fairmont Chateau Whistler, Whistler, BC

**CONTACT DETAILS**

Dr.  Mr.  Ms.  Urban  Rural

\_\_\_\_\_  
Last Name Given Name(s)

\_\_\_\_\_  
Address

\_\_\_\_\_  
City Prov/State Postal Code

\_\_\_\_\_  
Telephone Fax

\_\_\_\_\_  
Email (required)

**PRE-CONFERENCE SKILLS LABS: FEB 2, 2017**  
(maximum 24 persons per lab; 3.0 MOC Section 1 each)

**Morning Lab (0830—1130) - please choose one below. \$300 per session**

Total Ankle and Ankle Replacement  Arthroscopy

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**Afternoon Lab (1300—1600) - please choose one below. \$300 per session**

Open Techniques  Arthroscopy

**CONFERENCE FEES**

Include course materials, breakfasts, refreshments, and 2 receptions  
Save \$10 by registering online!

FULL CONFERENCE	By Nov 17	Nov 18 -Jan 12	After Jan 12 & On-Site
Physicians	\$609	\$809	\$909
Podiatrists	\$609	\$809	\$909
UBC Orthopedics Faculty	\$309	\$409	\$509
Allied Health	\$459	\$559	\$659
Residents/Fellows/Students*	\$89	\$139	\$139

\*Residents/Students must provide proof of status on-site

**DINNER WITH FACULTY, FEB 3, 2017 BEARFOOT BISTRO**

I would like \_\_\_\_\_ tickets @135 each

**DIETARY REQUIREMENTS / ALLERGIES:** \_\_\_\_\_

Severity:  HIGH or  LOW, foods can be in the same room, but well labeled

**PAYMENT**

\$ \_\_\_\_\_  VISA  MC

\_\_\_\_\_  
TOTAL AMOUNT ENCLOSED

\_\_\_\_\_  
Name of Cardholder Signature

\_\_\_\_\_  
Credit Card Number Expiry Date



Easy ways to **Register**



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604.875.5078



cpd.info@ubc.ca



**UBC CPD**  
VGH JPPN 3300  
910 W 10<sup>th</sup> Ave  
Vancouver BC V5Z 1M9

I am a:

- Family Physician/General Practitioner
- Specialist—please list specialty: \_\_\_\_\_
- Other \_\_\_\_\_

Are you a fellow of the Royal College of Physicians and Surgeons of Canada (RCPSC)?

- Yes
- No

If yes, please list your specialty: \_\_\_\_\_

Personal Information is collected on this registration form pursuant to section 26 of the Freedom of Information and Protection of Privacy Act, RSBC 1996 c. 165. Information is used for the purposes of facilitating the conference and collecting aggregate statistics.

UBC CPD publishes a participant list for the course that includes the participant's name and city. Please check the box below if you DO NOT wish to have your information included on the participant list:

- I DO NOT CONSENT to being on the participant list

All participants registered for UBC CPD courses are included on the contact list for future programs. If you DO NOT wish to have UBC CPD contact you, please indicate below.

- I DO NOT wish to be on the UBC CPD contact list

**\*No refunds or transfers, unless you cancel IN WRITING by Jan 12 for a fee of \$100.**



## CONFERENCE VENUE & ACCOMMODATION

The Fairmont Chateau Whistler  
4599 Chateau Boulevard  
Whistler, BC VON 1B4  
[www.fairmont.com/whistler/](http://www.fairmont.com/whistler/)

Special conference rates starting @ \$289 CDN/night. Quote 'COFAS Annual Research Meeting or '0117COFA' in order to obtain the conference rate. Rates do not include applicable taxes or parking.

Reservations must be made by Jan 2, 2017 as rooms will only be held on a space available basis beyond this date.

### TO MAKE A RESERVATION

T 1.800.606.8244 OR 1.604.938.8000

W <https://resweb.passkey.com/go/cofas2017>

GROUP COFAS Annual Research Meeting OR 0117COFA

## COFAS 2017 IS BROUGHT TO YOU BY



a place of mind  
THE UNIVERSITY OF BRITISH COLUMBIA  
**Faculty of Medicine**  
Division of Continuing Professional Development



### Accreditation Statement

The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. This course has been reviewed and approved by the UBC Division of Continuing Professional Development. This course is an Accredited Group Learning Activity eligible for up to **12.0 MOC Section 1** credits as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada. Each physician should claim only those credits he/she actually spent in the activity.

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to *AMA PRA Category 1 Credits™*. The process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

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